

Live Your Bliss

Jade Goddess Seminar with
Saida Desilets, Ph.D.
November 6-8, 2009



- ❖ **Insight into the wisdom of our body and sensuality**
- ❖ **Improve pelvic and sexual health**
- ❖ **Secrets of the Jade Egg practice**
- ❖ **Harmonize hormones and breast health**
- ❖ **Explore heart-centered sexuality**
- ❖ **Taoist alchemy for radiant vitality**
- ❖ **Discover the Art of Succulent Living**

Saida Desilets, Ph.D., is an innovative and passionate Universal Tao instructor and author of *Emergence of the Sensual Woman* and producer of both *Tao of Ener'Chi* DVD and *Jade Goddess Practice* CD.

Weekend Seminar held in Thousand Oaks California

\$325 before 10/23 and \$400 after
(includes \$100 non-refundable deposit)

Friday 6:30 - 9:30 pm, Saturday and Sunday 10 - 5 pm
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(805) 551-1740 www.innergardensofhealing.com

www.thedesiletsmethod.com

